



## MI HEARTSafe School Program

### Question and Answer

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Thank you for your interest in becoming a MI HEARTSafe School! The Michigan Department of Health and Human Services (MDHHS), Michigan Department of Education (MDE), Michigan High School Athletic Association (MHSAA) and American Heart Association (AHA) in conjunction with the Michigan Alliance for Prevention of Sudden Cardiac Death of the Young (MAP-SCDY) is pleased to recognize MI HEARTSafe School who have submitted applications and met criteria that demonstrate preparedness for a sudden cardiac arrest event. Below is a list of common questions, answers and reminders that may help you better understand the application process and the MI HEARTSafe School program.

Question	Answer
What is a MI HEARTSafe School designation?	<i>The MI HEARTSafe School designation recognizes a school's efforts to prevent sudden cardiac death of the young and preparedness for a cardiac emergency.</i>
What type of institution can receive this designation?	<i>Any school building in the state of Michigan can apply for the program. This includes but is not limited to preschools, elementary schools, middle schools, junior high schools, high schools, private schools, freshman centers and colleges/universities.</i>
Can colleges/universities apply?	<i>YES. Colleges/universities may apply for individual buildings on campus. Applications will need to be filled out for individual dorms, recreation buildings, academic buildings, libraries, dining areas, etc.</i>
Can an individual school program receive this designation?	<i>NO. MI HEARTSafe School recognizes the school building. Individual school programs cannot receive their own awards.</i>
Can a school apply if our school building has no organized sports and/or no after-school activities?	<i>YES; however, please remember that after school activities include programs such as Scouts, Latch Key, Girls on the Run, etc. If your school has no such program, please check N/A boxes for criteria related to organized sports and after-school activities on the MI HEARTSafe School application.</i>
Can more than one school building be put on a single application (i.e. the whole district)?	<i>NO. Each school building <u>must</u> apply for their own designation. Applications will not be accepted if it is for more than one school building or a whole district on one application.</i>
Can multiple schools apply that are within the same school building?	<i>YES. If multiple schools are within the same school building, please contact the MI HEARTSafe School program staff to clarify the MI HEARTSafe School application process for this situation.</i>
Does my school have to be part of a school district to receive this designation?	<i>NO. As long as the school is located in the state of Michigan, they can apply and receive this designation.</i>
How long does the MI HEARTSafe School designation last?	<i>3 YEARS. Schools may reapply once their 3 years ends.</i>

<p>What is the main form of communication for the MI HEARTSafe School program?</p>	<p><i>EMAIL. Emails will be sent regarding any questions, problems, concerns, application status, award acceptance and the award ceremony. If you do not receive email confirmation of your application within 2 weeks, please call MI HEARTSafe School staff.</i></p>
<p>Who should be the schools contact?</p>	<p><i>The school contact should be the main person to communicate with the MI HEARTSafe School program. It is imperative that their contact information is accurate and legible in order for the school to be properly recognized.</i></p>
<p>What is a cardiac emergency response plan and how can the school create one?</p>	<p><i>By state law (HB4713 approved in February 2014) every school in Michigan must have a written cardiac emergency response plan in place. The plans must be reviewed yearly by the staff.</i></p> <p><b>NOTE:</b> <i>Templates for creating a cardiac emergency response plan and cardiac emergency team along with more information can be found the website or by clicking the link below.</i></p> <p><a href="https://migrc.org/resource/cardiac-emergency-response-plan/">https://migrc.org/resource/cardiac-emergency-response-plan/</a></p>
<p>Do I need a separate cardiac emergency response plan for organized after school activities?</p>	<p><i>If the school building has organized after school activities, the written cardiac emergency response plan should include specific plans for after school activities. This could be included in the overall written cardiac emergency response plan, or in a separate written plan for after school activities. Each activity does not need a separate plan but plans and cardiac emergency response team coverage must be in place.</i></p>
<p>Is it required for the school to have a certain percentage of students CPR/AED certified or "Hands Only" CPR certified?</p>	<p><i>NO. Having a percentage of students CPR/AED or "Hands Only" CPR certified is not required.</i></p>
<p>How many AEDs are a sufficient number?</p>	<p><i>A sufficient number is estimated by time to scene, in place, and analyzing within a target goal of 3 minutes of any spot of the school. AEDs should be clearly marked and maintained according to manufacture specifications.</i></p>
<p>Is it required for the school to have mobile AEDs?</p>	<p><i>NO. Having mobile AEDs is not a requirement for the designation but can be helpful in cardiac emergency events</i></p>
<p>How will the school know if it has received this designation?</p>	<p><i>Within two weeks of submitting the schools full application, your school building's listed contact will be sent an email by the MI HEARTSafe School staff to confirm that the application was received along with any questions the program may have about the application.</i></p> <p><b>REMINDER:</b> <i>If the school contact does not receive an email within two weeks of submission, it is the schools responsibility to contact the MI HEARTSafe School staff in order for the school to be recognized. Please see contact information below.</i></p>



**Please Remember:**

- Write clearly.
- Provide valid and correctly written email addresses.
- If you have not heard back from a MI HEARTSafe School representative regarding your submitted application within two weeks after the date submitted; it is the schools responsibility to contact the program. Contact information may be found below.
- If school contact information changes; it is the schools responsibility to contact the program.
- Templates for creating a cardiac emergency response plan and a cardiac emergency response team can be found on the link above.
- ALL criteria must be met prior to May 15<sup>th</sup> 2016.
- 100% of Varsity head coaches must be CPR/AED certified in compliance with the new Michigan High School Athletic Association requirement.
- **The application deadline is May 15<sup>th</sup> 2016.**

If you have any questions about how to become a MI HEARTSafe School, please visit [www.migrc.org/miheartsafe](http://www.migrc.org/miheartsafe) , or contact Debra Duquette at the Michigan Department of Health and Human Services (MDHHS) using the contact information below.

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