



2023-2024 MI HEARTSafe School Application

**** Application must be received by May 15, 2024 for consideration for the 2023-2024 school year.**

Schools must submit applications online using the following link:

<https://www.surveymonkey.com/r/D82SD9J>

The Michigan Department of Health and Human Services (MDHHS), Michigan Department of Education (MDE), Michigan High School Athletic Association (MHSAA) and American Heart Association (AHA) in conjunction with the Michigan Alliance for Prevention of Sudden Cardiac Death of the Young (MAP-SCDY) have developed an initiative to award Michigan schools with a **MI HEARTSafe School** designation. The MI HEARTSafe School program encourages schools to prepare and protect students, staff, and visitors in the event of a cardiac emergency. Most of the criteria are required by state law ([HB4713](#)). If approved, the MI HEARTSafe School designation is for 3 years. There is no cost for schools to apply to receive this designation.

The **MI HEARTSafe School** designation is awarded when a school has completed all of the following criteria:

1. A written cardiac emergency response plan reviewed at least annually with staff for during the school day **AND** for organized after-school activities and sports. [More information on developing a plan.](#)
2. A cardiac emergency response team with current completion of a CPR/AED certification class*, sufficient to respond to an emergency during school hours. [More information available on forming a team.](#)
3. At least 10% of full-time equivalent staff, 50% of coaches including 100% of head coaches, and 100% of P.E. staff with current completion of a CPR/AED certification class*. *Please note that MI State Law requires schools to include CPR/AED instruction in 7th-12th grade curriculum.*
4. A sufficient number** of accessible, properly maintained (i.e. current pads and batteries) and routinely inspected AEDs ready to use; with signs identifying AED locations and documentation of routine AED inspections by designated staff.
5. The performance of at least one cardiac emergency response drill per school year[^]. This drill simulates a response to a potential sudden cardiac arrest using the American Heart Association's Chain of Survival: early recognition, early 9-1-1 call, early CPR, early AED use, early advance life support. *Local EMS participation is encouraged but not required.*
6. All athletic pre-participation screening completed with the [most updated Michigan High School Athletic Association \(MHSAA\) form](#).

**[Qualifying CPR/AED courses](#) are listed on the MI HEARTSafe School website; training must be completed within the last two years.*

***Goal of an AED arriving to the scene of any person identified as needing emergency care **optimally** within 3 minutes.*

[^] For this application, first drill must be performed before May 15, 2024 with drills performed each consecutive school year to maintain MI HEARTSafe designation.

For further information on how to become a MI HEARTSafe School, please visit www.migrc.org/miheartsafe.

After you have completed the application, please return it via Surveymonkey at <https://www.surveymonkey.com/r/D82SD9J> no later than May 15, 2024.

MI HEARTSafe School Program; MDHHS Genomics & Genetic Disorders Section

Email: MDHHS-MI-HEARTSafe@michigan.gov; Phone: 1-866-852-1247; Website: www.migrc.org/miheartsafe



APPLICATION WORKSHEET (application should be completed online – sample application below)

**Please complete an application for each school building that would like to receive the MI HEARTSafe School designation.*

1. Name, Address and County of School Building; Name of School District, if applicable. Type of school.

2. Has this school been previously awarded as a MI HEART Safe School? Yes* ☐ No ☐

**If yes, please ensure that your application is due for renewal and identify the years of existing designation. The renewal status can be checked on the [MI HEARTSafe Schools in the Spotlight webpage](#).*

3. Name and contact information for School principal.

4. Name and contact information for the cardiac emergency response team coordinator in case the MI HEARTSafe School Program has questions concerning the application.

CARDIAC EMERGENCY RESPONSE PLAN

5. School has a written cardiac emergency response plan which addresses the criteria stipulated in [state law HB4713](#). Yes ☐ No ☐

6. Cardiac emergency response plan is reviewed at least annually. Yes ☐ No ☐

CARDIAC EMERGENCY RESPONSE TEAM

7. School has a cardiac emergency response team with a coordinator. Yes ☐ No ☐

8. Cardiac emergency response team coverage is provided during the school day. Yes ☐ No ☐

CPR/AED CERTIFICATION

9. At least 10% of full-time equivalent staff, 50% of coaches including 100% of head coaches and P.E. staff, have current completion of a CPR/AED certification class. Yes ☐ No ☐

10. If applicable, all students receive CPR/AED instruction before graduation. Yes ☐ No ☐

AEDs

11. Building has a sufficient number of accessible AEDs – ready for use - located appropriately to retrieve and reach a victim optimally within 3 minutes. Yes ☐ No ☐

12. School properly conducts and documents routine AED inspections and maintenance in accordance with AED manufacturer's specifications. Yes ☐ No ☐

13. Signs identifying AED locations are posted at each AED location, at building entrances and other areas of high visibility. Yes ☐ No ☐

CARDIAC EMERGENCY RESPONSE DRILLS

14. At least one cardiac emergency response drill was performed during the 2023-2024 school year prior to May 15, 2024. Yes ☐ No ☐

15. During the drill, the American Heart Association's Chain of Survival was followed including: early recognition of cardiac arrest, early call to 9-1-1, early CPR, early use of AED, and early EMS advanced life support. (Drill does not require calling 9-1-1 or EMS arrival.) Yes ☐ No ☐

16. Please provide the following information about the cardiac emergency response drill:
Location of drill (specific site in school), date of drill and time from recognition of emergency event to AED arrival and pads placed.



EDUCATION AND COMMUNICATION

17. All staff communication includes:

- | | | |
|---|------------------------------|-----------------------------|
| a. Cardiac emergency response plan | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| b. AED locations | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| c. Cardiac emergency response team members | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| d. American Heart Association Chain of Survival:
Early recognition of sudden cardiac arrest, early CPR, early AED use, early advanced life support | Yes <input type="checkbox"/> | No <input type="checkbox"/> |

18. Date of all staff communication and review.

19. School communicates cardiac emergency response plan to groups using the school for organized after-school activities and sports. Yes ☐ No ☐ N/A ☐

20. School communicates cardiac emergency response plan to local EMS providers to assess coordination of response. Yes ☐ No ☐

ATHLETIC PREPARTICIPATION SCREENING

21. If applicable, all athletic pre-participation screening was completed using the most current Michigan High School Athletic Association (MHSAA) form. Yes ☐ No ☐ N/A ☐

OTHER QUESTIONS

22. Has anyone had an event where CPR and/or an AED was used at your school in the last 3 years? If yes, please follow up with the number of events and any additional information or individuals the program can contact for more information.

23. Do you have an AED designated to travel off school grounds for organized school activities?

24. Does your school use locally available resources to provide CPR/AED instruction and/or assist with drills?

25. Did your school have an external partner help you complete program criteria?

26. Please feel free to include more details about your school's application.

Please return your completed application through at <https://www.surveymonkey.com/r/D82SD9J> by May 15, 2024. If you have any issues or questions, please e-mail MDHHS-MI-HEARTSafe@michigan.gov.