



2019/2020 MI HEARTSafe School Application

**** Application must be received by May 15, 2020 for consideration for the 2019/2020 school year.**

Schools must submit applications online using the following link:

<https://www.surveymonkey.com/r/YH2CXDM>**

The Michigan Department of Health and Human Services (MDHHS), Michigan Department of Education (MDE), Michigan High School Athletic Association (MHSAA) and American Heart Association (AHA) in conjunction with the Michigan Alliance for Prevention of Sudden Cardiac Death of the Young (MAP-SCDY) have developed an initiative to award Michigan schools with a **MI HEARTSafe School** designation. The MI HEARTSafe School program encourages schools to prepare and protect students, staff, and visitors in the event of a cardiac emergency. If approved, the MI HEARTSafe School designation is for 3 years. There is no cost for schools to apply or receive this designation.

The **MI HEARTSafe School** designation is awarded when a school has completed all of the following criteria:

1. A written cardiac emergency response plan reviewed at least annually with staff as designated by state law for during the school day **AND** for organized after-school activities and sports if applicable (HB4713 approved in February 2014). *Template available at <https://migrc.org/patients-families/mi-heartsafe-schools/mi-heartsafe-emergency-response-plan-and-drills/>*
2. A cardiac emergency response team with current completion of a CPR/AED certification class*, sufficient to respond to an emergency during school hours **AND** during organized after-school activities and sports, if applicable. *Template available at <https://migrc.org/patients-families/mi-heartsafe-schools/mi-heartsafe-emergency-response-plan-and-drills/>*
**Qualifying CPR/AED courses are listed on the MI HEARTSafe School website at <https://migrc.org/patients-families/mi-heartsafe-schools/mi-heartsafe-cpr-and-aed-training/>; training must be completed within the last two years.*
3. At least 10% of staff, 50% of coaches including 100% of varsity sports head coaches, and 100% of P.E. staff with **current** completion of a CPR/AED certification class*.
Please note that MI State Law requires schools to include CPR/AED instruction in 7th-12th grade curriculum.
**Qualifying CPR/AED courses are listed on the MI HEARTSafe School website at <https://migrc.org/patients-families/mi-heartsafe-schools/mi-heartsafe-cpr-and-aed-training/>; training must be completed within the last two years*
4. A sufficient number* of accessible, properly maintained and inspected AEDs ready to use, with signs identifying AED locations and documentation of scheduled AED maintenance.
Goal of providing an AED to any person identified as needing emergency care **optimally within 3 minutes.*
5. The performance of at least one cardiac emergency response drill* per school year**.
**Including recognizing signs of cardiac arrest and using the American Heart Association's Chain of Survival: calling 9-1-1 and use of bystander CPR and AED until EMS arrives to provide advanced life support.*
***For this application, first drill must be performed before May 15, 2020 with drills performed each consecutive school year to maintain MI HEARTSafe designation.*
6. All athletic pre-participation screening completed with the most updated Michigan High School Athletic Association (MHSAA) form. *Form available at <https://www.mhsaa.com/Schools/Forms-Resources>*

For further information on how to become a MI HEARTSafe School, please visit www.migrc.org/miheartsafe and review the MI HEARTSafe Common Questions and Answers document. If you have additional questions, please use the contact information below. After you have completed the application, please return it via SurveyMonkey at <https://www.surveymonkey.com/r/YH2CXDM> no later than May 15, 2020.

MI HEARTSafe School Program; MDHHS Genomics & Genetic Disorders Section

Email: MDHHS-MI-HEARTSafe@michigan.gov Phone: 1-866-852-1247

An e-mail confirmation will be sent to you within two weeks of submitting the application. Please contact MDHHS-MI-HeartSafe@michigan.gov or call 1-866-852-1247 if you do not receive this confirmation.



APPLICATION WORKSHEET (application should be completed online – sample application below)

Name and Address of School Building Seeking Designation:

Please complete an application **for each school building that would like to receive the MI HEARTSafe School designation. Optional exploratory questions that are not part of the award criteria are also included.*

1.

Name of School Building _____ Name of School District _____

Address of School Building _____ County of School Building _____ Zip Code of School Building _____

2. Has this school been previously awarded as a MI HEART Safe School? Yes* No

**If yes, please ensure that your application is due for renewal. View the [MI HEARTSafe Schools in the Spotlight webpage](#) to check your renewal status.*

3. School principal: _____

Phone: _____ E-mail: _____

4. Who should we contact with any questions concerning your application (please list an alternate contact than the principal)?

Name: _____ Position: _____

Phone: _____ E-mail: _____

CARDIAC EMERGENCY RESPONSE PLAN YES NO N/A

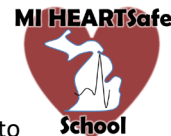
5. School has a written cardiac emergency response plan.			
6. Cardiac emergency response plan is reviewed at least annually with staff.			
7. School has a written cardiac emergency response plan for organized after-school activities and sports in the school building. <i>After school staff should be encouraged to know the AED location(s), the emergency response plan, and have an individual on site who knows, at a minimum, “hands-only” CPR. For activities held by other groups, the leader is informed: that the school’s emergency responders will not necessarily be present, that they need to consider who would call 9-1-1 if needed, where AEDs are located, and that there should be an individual on site who, at a minimum, is trained in, “hands-only” CPR. If no after-school activities or athletics occur in the school building, please indicate that this criterion would not be applicable for this application.</i>			

CARDIAC EMERGENCY RESPONSE TEAM YES NO N/A

8. School has a cardiac emergency response team.			
9. Cardiac emergency response team coverage is provided during the school day.			
10. Cardiac emergency response coverage is available in the school building for organized after-school activities and sports. <i>If no after-school activities or athletics occur in the school building, please indicate that this criterion would not be applicable for this application.</i>			

CPR/AED CERTIFICATION YES NO

11. At least 10% of staff, 50% of coaches including 100% of varsity sports head coaches, and 100% of P.E. staff have recently completed a CPR/AED certification course*. <i>*Qualifying CPR/AED courses are listed on the MI HEARTSafe School website at https://miqrc.org/patients-families/mi-heartsafe-schools/mi-heartsafe-cpr-and-aed-training/; training must be completed within the last two years.</i>		
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12. (Optional) Approximately what % of your students receive CPR/AED instruction including psychomotor skills to perform CPR if physically able? _____

AEDs

YES NO

13. Building has a sufficient number of AEDs located appropriately to reach and retrieve a victim within a maximum of 3 minutes.		
14. School documents regular AED checks, maintenance and inspections according to manufacturer's specifications. <i>This includes ensuring readiness to function, pads and battery have not reached expiration date, continuous visibility of AED warning light, and documentation of the checks and maintenance. AED information must be retained for at least 3 years.</i>		
15. Signs identifying AED locations are posted at each AED location, at building entrances and other areas of high visibility.		

16. (Optional) Do you have an AED designated to travel off school grounds for organized school activities? Yes No

17. (Optional) Does your school educate staff and students about AED locations? Yes No

CARDIAC EMERGENCY RESPONSE DRILLS

YES NO

18. At least one cardiac emergency response drill was performed during the 2019/2020 school year prior to May 15, 2020. <i>It is expected that MI HEARTSafe schools perform an annual cardiac emergency response drill.</i>		
19. During the drill, the American Heart Association's Chain of Survival was followed including: early recognition of cardiac arrest, early call to 9-1-1, early CPR, early use of AED, and early EMS advanced life support. <i>Drill does not require actual 9-1-1 call or EMS arrival but working with local EMS providers is encouraged to assess potential for improved coordination of response.</i>		

20. Please provide the following information about the cardiac emergency response drill:

Name and position of drill coordinator(s): _____

E-mail(s): _____ **Location of drill (specific site in school building):** _____

Date of drill: _____ **Time from recognition of emergency event to AED activation and pads placed:** _____

21. (Optional) Does your school use locally available resources to provide CPR/AED instruction and/or assist with drills (such as EMT/Paramedics; police; local hospital staff; firefighters; AHA or American Red Cross)? Check all that apply.

- Yes, for CPR/AED instruction Yes, for cardiac emergency response drill No
 Other: _____

ATHLETIC PREPARTICIPATION SCREENING

YES NO N/A

22. If applicable, all athletic pre-participation screening was completed using the most current Michigan High School Athletic Association (MHSAA) form. <i>If no athletics occur in this school building, please indicate that this criterion would not be applicable for this specific application.</i>			
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23. (Optional) Does your school educate staff & students about cardiac arrest risk signs & symptoms? Yes No

24. (Optional) Did your school have an external partner help you complete program criteria? Yes No
If yes, who? _____

25. (Optional) Has anyone had an event where CPR and/or an AED was used at your school in the last 3 years? Yes No

26. (Optional) If yes, please answer the following questions:

How many events?

Please provide additional information about the event(s), if possible.

Would a MI HEARTSafe staff be able to contact someone at your school about the event(s)? Yes No

Please provide another contact of someone at your school who would have additional details.

27. Please feel free to include more details about your school's application.

Please return your completed application through at <https://www.surveymonkey.com/r/YH2CXDM> by May 15, 2020. If you have any issues or questions, please e-mail MDHHS-MI-HEARTSafe@michigan.gov.