

Jackson High School Emergency Medical Action Plan

The emergency medical action plan is a written document that defines the standard of care required in every conceivable event during and emergency on the athletic practice/game areas and other clinical settings (sports medicine clinic; physician’s clinic, etc.). The emergency medical action plans at each athletic training clinical site have specific standard operating procedures that include, but not limited to:

- Roles and responsibilities of all parties involved in the setting.
- Phone numbers healthcare providers that may be involved with the emergency medical action plan (administrators, team physicians, athletic training staff, police, ambulance service, hospitals, etc.).
- Chain of command of the emergency team members in the decision-making process of activating local Emergency Medical Services (EMS) and providing care to the ill/injured person.
- Appropriate steps to activate the local Emergency Medical Services (EMS).
- Specific instructions on transferring the patient’s care over to other healthcare providers (EMT’s, Paramedics, etc.).

Each athletic training student in the Athletic Training Education Program is a healthcare provider. As a healthcare provider, you are responsible for providing the highest level of healthcare available that is consistent with your education and level of skills. Regardless of the healthcare setting, you are included in the emergency medical action plan. As a component of the emergency medical action plan, you are required to read, learn, and fully understand all components of the emergency medical action plan at each athletic training clinical site.

In the event of a medical emergency, the on-duty certified athletic trainer, physician, nurse, or paramedic will administer immediate emergency aid to the injured athlete. If none of the above is present, then the head coach will assume responsibility with an individual who is trained in first aid.

Failure to follow the established emergency medical action plan at each site may cause unnecessary injury, or even death, to a patient/athlete. Additionally, failure to follow established standards of care may result in legal proceedings (lawsuits and/or criminal prosecution) the school or other parties for negligent action(s) that may have taken place. Any student who does not follow the established emergency medical action plan at the high school setting or other assigned clinical site may be dismissed from the Student Trainer Program of Jackson High School for failure to follow established standards of care.

Each student should read and understand his/her role in the emergency medical action plan prior to attending the clinical site, and should immediately review the plan with the clinical instructor. This will help in the communication process of the student and the clinical instructor in the case of an emergency.

The student should review the emergency medical action plan at all off-campus sites on the first day of his/her clinical rotation, and/or if he/she is at the clinical site for one specific event. Off-campus sites have their own specific emergency medical action plans that may differ in format than those seen at JHS athletic sites.

This section contains both a “General Overview” of the emergency medical action plan and each individual site emergency plan at JHS. Specific emergency medical action plans at each site should be reviewed at the beginning of each clinical rotation site with the supervising Certified Athletic Trainer.

JACKSON HIGH SCHOOL *Athletic Emergency Medical Plan*

GENERAL OVERVIEW

NAME

Universal Emergency Phone Number
Foote Hospital Emergency Services 110 N. Elm St.
Foote Express Care Central
Foote Express Care for Kids
Med Plus Walk-In Clinic 3235 E. Michigan Ave. (Open until 10pm)
Orthopaedic Rehab Specialist, P.C.
Field House Training Room

Phone

911
XXX-XXXX
XXX-XXXX
XXX-XXXX
XXX-XXXX
XXX-XXXX
XXX-XXXX

STAFF NUMBERS

_____, ATC (Head Athletic Trainer)

Work - Cell	(517) XXX-XXXX
Office	(517) XXX-XXXX
Home – Cell (EMERGENCY Only)	(517) XXX-XXXX

EMERGENCY PLAN RESPONSIBILITIES – Emergency Situation

Emergency Equipment Available:

During practice/game First Aid is maintained on motorized cart.

Splints, crutches, AED, FM Extractor (Football), Power Screwdriver (Football), Lightning Detector carried by ATC during game (if available). Spine board, neck collar, etc. provided by EMS.

PERSONNEL RESPONSIBILITIES

Certified Athletic Trainer (ATC)

This person will be summoned to the injury site and perform the primary evaluation. The ATC will determine whether the injury warrants further medical assistance. The ATC will remain at the site for the remainder of the game or practice and then report to the hospital to check on the condition of the athlete.

- Stay with athlete.
- Determine use of Emergency Equipment.
- Designate someone to call if students are not available.

This person will document all information relating to the injury and emergency response.

STUDENT 1 (Head Student at Site)

This person will be summoned to the injury site to assist the ATC. Student 1 is responsible for emergency equipment and personal information retrieval. Student 1 is also responsible to limit the scene to first aid providers and move bystanders away. If needed, STUDENT 1 will call for the ambulance.

STUDENT 2

This person will be summoned to the injury site and assist the ATC. If needed, STUDENT 2 will call for the ambulance. If an ambulance is called, STUDENT 2 will open the appropriate door and direct the ambulance crew to the injured athlete. STUDENT 2 will then assist the ambulance crew if needed. STUDENT 2 will remain at the site for the remainder of the game or practice.

When calling the emergency number(s), give the following information:

1. *Identify yourself*
2. *Gives location of injured athlete (i.e. JHS Fieldhouse)*
Inform the ambulance service that a student will meet the ambulance and direct them to the injured athlete.
3. *Inform them of what injury is suspected.*
4. *Ask if any other information is needed.*
5. **HANG UP LAST!!!!**
6. *Bring the athlete's personal history information back to the injury site.*

For example: "I am a student athletic trainer for JHS and we have an injured athlete who needs an ambulance. We are at the **LOCATION (i.e. JHS Athletic Fieldhouse)**. The athlete has suffered **SPECIFIC INJURY (i.e. Head injury)**. We will have someone waiting outside to direct you."

Don't hang up until the dispatcher tells you to or until he/she has already hung up! This will insure that they have all of the necessary information.

Then call the staff numbers in the order listed on the first page if no ATC is present at scene until a staff member is contacted.

COACH

This person will contact security for crowd control and other needs, such as assisting Student 2 and the Paramedics.

This person will also immediately contact parents to advise them of the situation.

This person will then contact the Athletic Director to advise him of the situation.

This person will designate a responsible person to accompany the injured athlete to the hospital and remain with the athlete until a parent or designated administrator arrives.

JHS Football and Track Complex

Emergency Personnel: Certified Athletic Trainer and student athletic training students for practices and competition

Emergency Communications: Multiple Cell Phones

Athletic Training Office: XXX-XXXX

Certified Athletic Trainer carries cell phone (517) XXX-XXXX.

Emergency Equipment Available:

During practice/game First Aid is maintained on motorized cart. Splints, crutches, AED, FM Extractor (Football), Power Screwdriver (Football), Lightning Detector carried by ATC during game (if available). Spine board, neck collar, etc. provided by EMS.

Role of First Responder (Certified Athletic Trainer):

1. Immediate care of the injured or ill individual.
2. Determine whether situation warrants further medical assistance.
3. Designate someone to call if students are not available.

Role of Student 1

1. Emergency equipment and personal information retrieval.
2. Limit scene to first aid providers and move by standards away.

Role of Student 2

1. Activation of EMS
Provide name, address, telephone number, number of individuals hurt, condition, first aid treatment, specific directions and other information requested.
2. Meet ambulance at appropriate entrance or parking lot.

Venue Directions: JHS Withington Stadium is located on the Northwest corner of JHS (just north of the student parking lot). Enter on the Wildwood and Edward intersection.

JHS Sports Complex Soccer Field

Emergency Personnel: Certified Athletic Trainer and student athletic training students for practices and competition

Emergency Communications: Multiple Cell Phones

Athletic Training Office: XXX-XXXX

Certified Athletic Trainer carries cell phone (517) XXX-XXXX.

Emergency Equipment Available:

During practice/game First Aid is maintained on motorized cart.

Splints, crutches, AED, FM Extractor (Football), Power Screwdriver (Football), Lightning Detector carried by ATC during game (if available). Spine board, neck collar, etc. provided by EMS.

Role of First Responder (Certified Athletic Trainer):

1. Immediate care of the injured or ill individual.
2. Determine whether situation warrants further medical assistance.
3. Designate someone to call if students are not available.

Role of Student 1

1. Emergency equipment and personal information retrieval.
2. Limit scene to first aid providers and move by standards away.

Role of Student 2

1. Activation of EMS
- Provide name, address, telephone number, number of individuals hurt, condition, first aid treatment, specific directions and other information requested.
2. Meet ambulance at appropriate entrance or parking lot.

Venue Directions: JHS Soccer Field is located approximately where 4th Ave. and West Ave. Meet across from Parkside Middle School at Mehall Field.

JHS Sports Complex Softball/ Baseball Fields

Emergency Personnel: Certified Athletic Trainer and athletic training students for practices and competition

Emergency Communications: Multiple Cell Phones

Athletic Training Office: XXX-XXXX

Certified Athletic Trainer carries cell phone (517) XXX-XXXX.

Emergency Equipment Available:

During practice/game First Aid is maintained on motorized cart. Splints, crutches, AED, FM Extractor (Football), Power Screwdriver (Football), Lightning Detector carried by ATC during game (if available). Spine board, neck collar, etc. provided by EMS.

Role of First Responder (Certified Athletic Trainer):

1. Immediate care of the injured or ill individual.
2. Determine whether situation warrants further medical assistance.
3. Designate someone to call EMS if student is unavailable.

Role of Student 1

1. Emergency equipment and personal information retrieval.
2. Limit scene to first aid providers and move by standards away.

Role of Student 2

1. Activation of EMS
Provide name, address, telephone number, number of individuals hurt, condition, first aid treatment, specific directions and other information requested.
2. Meet ambulance at appropriate entrance or parking lot.

Venue Directions: JHS Softball/ Baseball Fields are located approximately 1 block north from wildwood off Steward Street.

JHS Tennis Complex

Emergency Personnel: Certified Athletic Trainer and athletic training students for practices and competition.

Emergency Communications: Multiple Cell Phones

Athletic Training Office: XXX-XXXX

Certified Athletic Trainer carries cell phone (517) XXX-XXXX.

Emergency Equipment Available:

During practice/game First Aid is maintained on motorized cart. Splints, crutches, AED, FM Extractor (Football), Power Screwdriver (Football), Lightning Detector carried by ATC during game (if available). Spine board, neck collar, etc. provided by EMS.

Role of First Responder (Certified Athletic Trainer):

1. Immediate care of the injured or ill individual.
2. Determine whether situation warrant further medical assistance.
3. Designate someone to call for EMS if student is unavailable

Role of Student 1

1. Emergency equipment and personal information retrieval.
2. Limit scene to first aid providers and move by standards away.

Role of Student 2

1. Activation of EMS
- Provide name, address, telephone number, number of individuals hurt, condition, first aid treatment, specific directions and other information requested.
2. Meet ambulance at appropriate entrance or parking lot.

Venue Directions:

JHS Tennis Home Complex is located approximately 1 block north from wildwood off Steward Street.

JHS Tennis Parkside Complex is located approximately at the far south end of West Avenue on the right (southwest direction).

JHS Cross Country Venue

Emergency Personnel: Certified Athletic Trainer and athletic training students for practices and competition

Emergency Communications: Multiple Cell Phones

Athletic Training Office: 841-3783

Certified Athletic Trainer carries cell phone (517) XXX-XXXX.

Emergency Equipment Available:

During practice/game First Aid is maintained on motorized cart. Splints, crutches, AED, FM Extractor (Football), Power Screwdriver (Football), Lightning Detector carried by ATC during game (if available). Spine board, neck collar, etc. provided by EMS.

Role of First Responder (Certified Athletic Trainer):

1. Immediate care of the injured or ill individual.
2. Determine whether situation warrant further medical assistance.
3. Designate someone to call for EMS is student is unavailable

Role of Student 1

1. Emergency equipment and personal information retrieval.
2. Limit scene to first aid providers and move by standards away.

Role of Student 2

1. Activation of EMS
Provide name, address, telephone number, number of individuals hurt, condition, first aid treatment, specific directions and other information requested.
2. Meet ambulance at appropriate entrance or parking lot.

Venue Directions:

JHS Cross Country events are held at Ella Sharp Park. Go south on 4th street, pass the “Round a Bout” continuing south. Go Left (East) on Birchwood, go Right (South) on S. Oakwood, and Entrance is on the Left (East) side.